

# Living and working in Romania



## Target audience

Employees preparing for an assignment in Romania and their partners



## Prerequisite

No prerequisite



## Objectives

This seminar aims at significantly improving the ability of the participants to **meet the challenges of living and working abroad**. The objective is to enable them to identify the stumbling blocks that lie ahead and to be able to adapt and integrate in Romania. At the end of this training, participants will have acquired insights and techniques to:

- Be aware of their own cultural baggage
- Understand Romanian context and culture
- Analyse situations in which misunderstandings may arise and identify ways of communicating more effectively
- Reduce and manage the symptoms of culture shock
- Understand Romanian mindset, work practices, decision-making processes and negotiating styles
- Strike the right balance between personal et professional lives



## Added value

- Conducted by an intercultural expert consultant
- Decoding the Nomad' Profiler
- Alternating theory and practical exercises
- Access to Digital Learning for 1 year
- Sharing best practices and personalized action plan



## Accessibility

All our training courses are accessible to people with disabilities. Each training project will be the subject of a case study by our teams, in order to adapt the training program.



## Corporate Training Solutions

Duration: to define.

You wish to organise a specific training course ?  
Contact us !

## PROGRAMME OUTLINE

### MODULE 1 : SUCCESSFUL PERSONNAL INTEGRATION IN ROMANIA

#### 1. Cross-cultural awareness : the key to a successful expatriation

- Taking stock of one's own cultural baggage
- Culture shock and the integration process
- Identifying and going beyond cultural stereotypes

#### 2. Key aspects of Romanian culture

- A major central European country
- The ambiguity of a multiethnic society
- A deep divide between the cities and countryside
- A prestigious historical heritage. The challenge of European integration
- The reality and complexity of corruption

#### 3. Romanian values and behaviour patterns

- A patriarchal society with a Latin culture
- An orthodox but not particularly religious population
- A people proud of their identity. A sense of community-mindedness
- Appearance and the overt signs of wealth. Cooking and the art of living.
- The absence of barriers between public and private life
- Emotions and tantrums as part of daily life
- Only a limited grasp of time and deadlines.
- Reasoning based on subtlety and irony.

#### 4. Practical day-to-day information in Romania

- Focus on the host town or city
- Transport, administration, housing, security, hygiene and healthcare
- Social life, leisure activities
- Schools, extracurricular activities, sport

### MODULE 2 : SUCCESSFUL PROFESSIONNAL INTEGRATION IN ROMANIA

#### 1. The Romanian corporate world

- The role of the state and the authorities
- Centralisation and the concentration of decision-making powers
- An important and formal hierarchical structure
- Scant regard for performance. Favouritism and nepotism

#### 2. Effective communication with the Romanians

- Interpersonal networks: a vital aspect of Romanian Life
- The Romanian language: some useful pointers
- The Romanian French-speaking community: the myth and the reality
- Implicit communication. Romanian humour

#### 3. Working with Romanian teams

- Effective management: listening, supporting and asserting
- Asserting your authority: knowing how and when to say no.
- Promoting responsibility and valuing people as individuals
- Conflict resolution: tempers, manipulation and storms in teacups

#### 4. Successful meetings and negotiations with the Romanians

- Meeting decision makers
- Maintaining close personal relationships
- The written contract: set in stone
- Time management and reliance

#### 5. Final handy tips

- Caution, patience and humility
- Social standards, gifts, business cards, dress code
- Sensitive subjects: the Roma population, the communist era and Dracula
- Humour: a double-edged sword